Turn off the outside "noise" for a couple of minutes and consider this message from God's Word.

I am praying that it calms your spirit and encourages your heart.

## PHILIPPIANS 4:8-9 (TNIV)

<sup>8</sup> Finally, brothers and sisters, whatever is **true**, whatever is **noble**, whatever is **right**, whatever is **pure**, whatever is **lovely**, whatever is **admirable** — if anything is **excellent** or **praiseworthy** — *think about such things*.

or received or heard from me, or seen in me—

And **THE GOD OF PEACE** will be with you.

## — PART 11 —

I found that when a passage of Scripture has been very familiar to me for a long time — such as this passage! — if I will simply **slow down** . . . take my time . . . and read thoughtfully and reflectively, it can become alive to me in new and fresh ways.

We get to **CHOOSE** what we allow our minds to **FOCUS** on. And Paul encourages us to **concentrate our attention** on some very specific things. Like...

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"whatever is TRUE . . . think about these things" —

"whatever is NOBLE . . . think about these things" —

"whatever is RIGHT . . . think about these things" —

"whatever is PURE . . . think about these things" —

"whatever is LOVELY . . . think about these things" —

"whatever is ADMIRABLE . . . think about these things" —
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"if anything is **EXCELLENT"...think about these things"** —

"if anything is **PRAISEWORTHY"...think about these things"** —

Yesterday we considered the power of looking for things worth praising...even though we sometimes find it easier to find things worth criticizing!

The late New Testament scholar Grant Osborne pointed out that that PRAISEWORTHY "is the basic New Testament term for 'praise'...which usually refers in Scripture to the praise of God (both our praise of him and his praise of us). Here in this list of virtues, Paul likely means anything that leads to receiving praise from people around us. As a summary quality, it implies that we are to exemplify ALL the listed virtues, since they together enhance our place in society (on behalf of Christ) and draw praise from others." [caps added] Grant R. Osborne, Philippians Verse (Osborne New Testament Commentaries)

Ben Witherington III adds that "when Paul refers to the PRAISEWORTHY things, he is thinking of things that **Christians** should praise, and **God** would praise, not just what **anyone** deemed praiseworthy."

BEN WITHERINGTON III, Paul's Letter to the Philippians: A Socio-Rhetorical Commentary

So let's think for a moment about thinking. Paul has given us EIGHT things to think about. "Think about these things" uses the word *logizomai*, from which we get the mathematical word *logarithm*. Paul commands the same deliberate, prolonged contemplation of these virtues that it takes to weigh a mathematical problem."

R. KENT HUGHES, Philippians, Colossians, & Philemon - The Fellowship of the Gospel & the Supremacy of Christ.

Grant Osborne points out that in these two verses (Phil. 4:8-9) Paul is calling his friends to both "RIGHT THINKING" (to focus on excellent and praiseworthy things) — and to "RIGHT DOING" (putting into practice what they have learned from Paul). And Paul's sequence suggests the "point...that right thinking (4:8) will lead to right doing (v. 9)."

Osborne summarizes: "In closing, Paul emphasizes that we are to 'think about such things' — to carefully consider and reflect on these qualities, to allow them to permeate our minds and thereby guide our conduct."

GRANT R. OSBORNE, *Philippians Verse by Verse* (Osborne New Testament Commentaries)

Whatever you have learned or received or heard from me, or seen in me—
put it into practice.

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Lord, enable us today to focus our **thinking** today on "whatever is **praiseworthy"** — and help us **"put into practice"** the way of life Paul modeled for us.

**Pastor Doug** 

P.S. Praise God for his goodness and grace in allowing us to share our first *online* **EASTER CELEBRATION!** But I sure miss being together in person. I miss you all! I hope you'll join us <u>THIS MORNING</u> *online* at 10:30 A.M. for more encouragement from our Resurrected Lord!

I praise God today for the **praiseworthy** ministry taking place by the people and staff of **BETHANY** and also the teachers and staff of **WEST COVINA CHRISTIAN SCHOOL.** You are **all** working with great integrity and faithfulness as we seek to reach out to our community and serve the students God has entrusted to us! You are a bright light shining in the darkness of this crisis. I am deeply proud of you!

We would love to hear from you! How are you doing right now? And we would love to pray for you! Email us at info@bethanyonline.net

P.P.S. Keep checking our "ENCOURAGEMENT FOR TODAY" webpage — we will try to post fresh encouragement **every day** during this crisis!