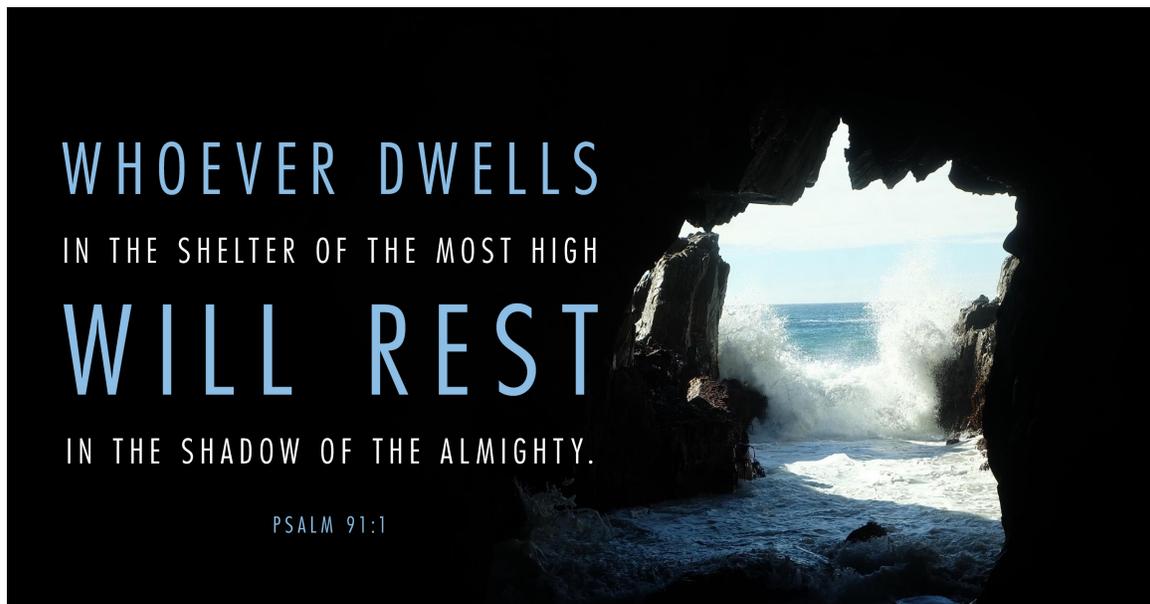


Monday, May 4, 2020

Turn off the outside "noise" for a couple of minutes and consider this message from God's Word.
I am praying that it calms your spirit and encourages your heart.

Let's start the new week with a simple exercise. Let's read Psalm 91 out loud today, and ask the Lord to speak to our hearts, and soothe our worries and fears through it.



PSALM 91:1-16 (TNIV)

1 WHOEVER DWELLS in the *shelter* of **1 THE MOST HIGH**
WILL REST in the *shadow* of **2 THE ALMIGHTY**.

2 THEY SAY OF 3 THE LORD, "He is *my refuge* and *my fortress*,
4 MY GOD, in whom I trust."

3 SURELY he will save you
from the fowler's snare
and from the deadly pestilence.

4 He will *cover* you with his feathers,
and under his wings *you will find refuge*;
his faithfulness *will be your shield and rampart*.

5 **You will not fear** the terror of night,
nor the arrow that flies by day,

6 **nor the pestilence that stalks in the darkness,**
nor the plague that destroys at midday.

7 A thousand may fall at your side,
ten thousand at your right hand,
but *it will not come near you*.

8 You will only observe with your eyes
and see the punishment of the wicked.

⁹ **IF YOU SAY, “The LORD is my refuge,”**
AND YOU MAKE the Most High your dwelling,
¹⁰ **no harm** [Waltke: “calamity”] will overtake you,
no disaster [Waltke: “plague”] will come near your tent.
¹¹ For he will **command his angels** concerning you
to **guard** you **in all your ways;**
¹² they will **lift you up** in their hands,
so that **you will not strike your foot** against a stone.
¹³ **You will tread** on the lion and the cobra;
you will trample the great lion and the serpent.
¹⁴ **“BECAUSE THEY LOVE ME,”** says **THE LORD,**
“I will **rescue** them;
I will **protect** them,
FOR THEY ACKNOWLEDGE MY NAME.
¹⁵ **THEY WILL CALL ON ME,** and I will **answer** them;
I will be **with** them in trouble,
I will **deliver** them and honor them.
¹⁶ With long life I will **satisfy** them
and **show** them my salvation.”

— PART 3 —

::

Today, Loving God, *at the beginning of a new week,*
we quiet our noisy hearts
and ask you to speak to us through your word.
As we read aloud the words of Psalm 91,
we want to experience your “rest.”
And to do that, we ask you to help us learn how to “dwell” —
to make ourselves at home — in the shelter of the Most High.
Help us not to run ahead of you,
but to “BE STILL, AND KNOW THAT THAT YOU ARE GOD.”
Be for us today our Refuge; our Dwelling; our Home.

Pastor Doug

P.S. We would love to hear from you! How are you doing right now? And we would love to pray for you! Email us at info@bethanyonline.net

P.P.S. Keep checking our “ENCOURAGEMENT FOR TODAY” webpage — we will try to post fresh encouragement **every day** during this crisis!

P.P.P.S. And watch our **LIVE-STREAM Worship Service** this coming Sunday at 10:30 A.M. for more encouragement.